

MUNRO CHALLENGE

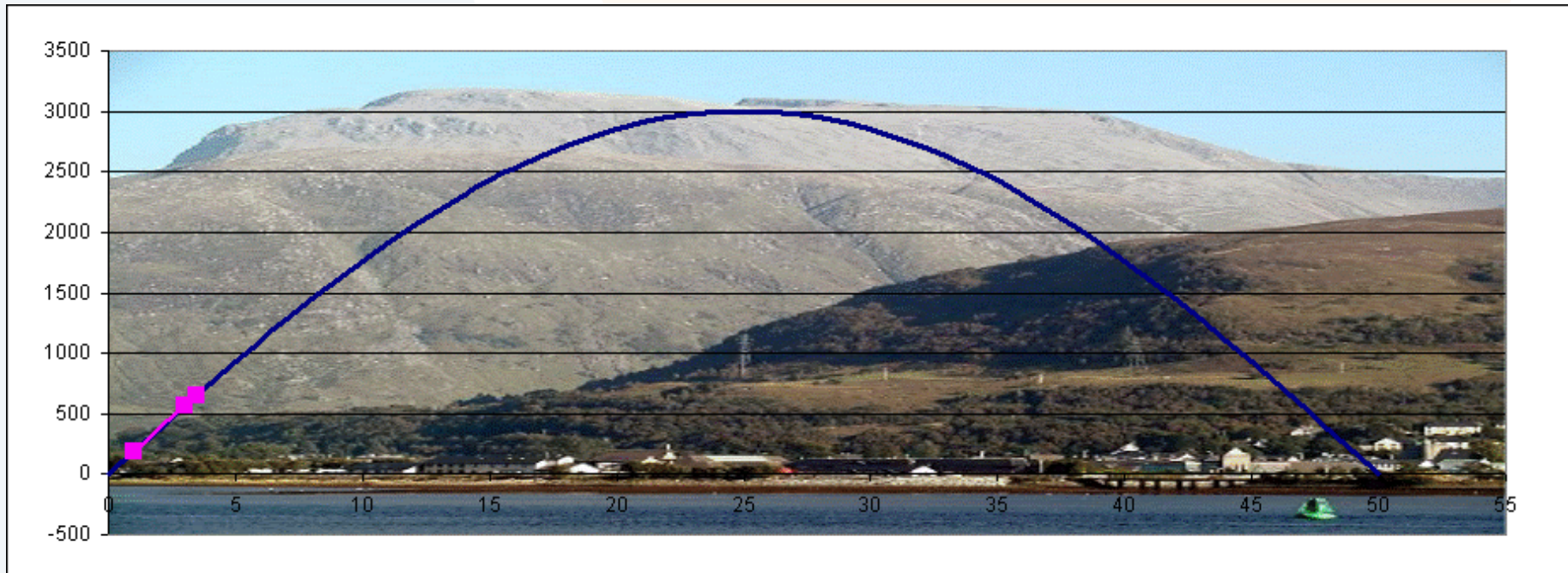


What does the Munro Challenge achieve?

- Learning outdoors
- Health and wellbeing
- Physical activity
- Adventure education

Walk to School/activity log

- 4 Week challenge
- Daily teacher-led activity to record distance walked
- 10 'Most Deserving' selected to attempt a Munro



Training Walk



- Chance for Instructor and group to meet
- Issues can be worked out
- Equipment can be sized and tested
- Young people go away with a clear idea of what to expect

Attempting a Munro



- Early start and late finish means a long day for everyone!
- The weather can make or break the attempt
- Teamwork is the key to **SUCCESS!**

Results

- Year 1 – 3 schools
- Year 2 – 6 schools
- Year 3 – 7 schools
- Year 4 – 15 schools

Schools wanting to take part again each year

Positive feedback from pupils, parents, schools

2013 Documenting the journey from start to finish

Challenges

- Outcomes – change of behaviour
- Pathways – lifelong participation
- Equity – does everyone have this opportunity

Munro Challenge



Adventure is worthwhile in itself